

**PRACTICAL INFORMATION AND AREA GUIDE**

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Our team has designed this little guide to help you find your way around the Residency Centre. Restaurants, bars, shops, parks, markets, walks... You will also find some practical information and tips.

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## HOW TO GET HERE

Our Residency Centre, FIAP Jean Monnet, is located at

**30 rue Cabanis, 75014 Paris.**



You can get to FIAP Centre by Uber or Taxi available at any airport and train station in Paris, or by many convenient public transportation options.

From Charles de Gaulle (CDG) airport: take the RER B train to Denfert-Rochereau station - FIAP is just a 10-minute walk. The RER station for Terminal 2 is right inside the terminal, but for Terminal 1 you will need to take an airport shuttle train (called CDGVal) to the RER train station. This shuttle is free and goes every 2-3 minutes. If you take a train, keep your train ticket, as you will need it not only to enter the station at the airport, but also to exit the station when in Paris.

From the ORLY airport: our advice would be to take the OrlyBus which goes toward the Denfert-Rochereau square right in Montparnasse, and get off one stop before (at Alesia), just a ~5mins walk to FIAP.

From Gare du Nord & Gare de l'Est: take the RER B train to Denfert-Rochereau station - FIAP is just a 10-minute walk.

From Paris Gare de Lyon: take metro line 14 one stop to Bercy station, change to line 6 towards Glacière – a 550-meter walk to FIAP.

You can also book a shuttle from the airport to the centre via private company such as: [www.shuttledirect.com](http://www.shuttledirect.com)

## TRANSPORTATION

### Paris Métro:

To travel by metro, bus, tram, RER train within central Paris, and even on the Funiculaire de Montmartre we advise to use Ticket T +. It can be bought at any metro station booth or machine. Single trip ticket costs € 1.90, but you can buy 10 tickets with 25% discount, for € 14.90. More info: <https://www.ratp.fr/titres-et-tarifs/ticket-t>

Note, that the T+ ticket will not work for the airport travel; you will need a separate airport ticket, which can also be purchased at any metro station.

### Bicycle ("Vélib") stations close to FIAP:

Mechanical: 30 min: 1 €; 30-60 min: 2 €

Electric: 30 min: 2 €; 30-60min: 4 €

12 Avenue René Coty, 75014 Paris et 1 Rue Ferrus, 75014 Paris

### **Parking Hôpital Saint-Anne**

1h: 3.10 € - 3h: 8.40 € - 24h: 18.40 € - 1 week: 82.90 €

*100 rue de la Santé 75014 Paris*

### **Parking Wurtz**

1h: 3.60€ - 3h: 10.80€ - 24h: 35.20€ - 1 week: 99€

IMPORTANT: Lower rate if booking in advance on the site [parkingdeparis.com](http://parkingdeparis.com)

*10, rue Wurtz, 75013 Paris*

## **PRACTICAL TIPS**

### **Foreign Plugs:**

French voltage is 220-230 V, so a 50 Hz. U.S./ Canadian, Japanese (and perhaps some other) appliances/electric devices may require a step-down transformer for use in France. Please check if your device works in 220V. If not, and you only use an adaptor plug, your device will be damaged and probably destroyed. If in doubt, don't plug it in!

Your computer will almost certainly offer dual voltage, and will thus need only an adaptor plug. Please verify you have the right plug before plugging it in. Please arrive equipped with the necessary transformers and adaptor plugs for France. Please label your cables, plug adaptors, etc., with your name to avoid confusion over who owns what.

### **Cell/Mobile telephones:**

It is generally a good idea to purchase a local SIM card. Before departure, please make sure your phone is unlocked and can be used abroad if you intend to do so. At the airport, you can purchase a prepaid SIM card at a Relay kiosk. There are multiple Relay locations in all Paris area airports:

<https://www.parisaeroport.fr/en/passengers/shops/shopping/store/relay>

When already in the city, the best place to purchase would be in companies' boutiques, for example, at various locations of Boutique Orange. (Orange is the largest French mobile operator).

### **Security:**

Please keep your room locked if you have anything of value in it. Please do not leave cameras, computers, etc., in a public space. There are lockers at the reception desk if wish to store your valuables.

## **ATMS, BANKS AND CURRENCY EXCHANGE**

### **ATM Cards & Credit Cards:**

Many French cash-points and commerces do not accept the common U.S. swipe-cards, but require chip-and-pin cards. Please ask your bank to issue you a chip-and-pin card for use in Europe. Note that ticket machines in train and metro stations *only* accept chip-and-pin cards.

### **Banks**

#### **Caisse d'Epargne Paris Auguste Blanqui**

Tuesday, Wednesday, Friday 9.30 am - 1:15 pm and 2 pm to 5:30 pm; Thursday 9.30 am - 1.15 pm and 3 pm - 6.30 pm; Saturday 9 am – 1 pm and 1:45 pm – 4:15 pm

*147 Boulevard Auguste Blanqui, 75013 Paris*

#### **Société Générale Glacière**

Tuesday to Friday 9: 15 am - 12:50 pm / 2:00 pm -6:00 pm; Saturday 9:15 am - 12:50 pm / 2:00 pm - 5:00 pm

*91 Rue de la Glacière, 75013 Paris*

#### **Banque Populaire Rives de Paris**

Tuesday, Wednesday, Friday, Saturday 09:00 am - 5:15 pm

Thursday 09:00 am - 2:00 pm, 3:00 pm - 5:15 pm

*38 Avenue du Général Leclerc, 75014*

### **Currency exchange:**

#### **Multi-Change Montparnasse**

Monday to Saturday from 9:15 am to 8 pm Sunday from 10:30 am to 6:30 pm

*161, rue de Rennes-75006 Paris*

## Travelex Gare Montparnasse

Monday to Saturday from 9 am to 7 pm on Sundays from 10 am to 5 pm

Place Raoul-Dautry Agence située à l'intérieur de la gare Paris, 75015

## ART SUPPLIES AND PRINTING

If you would like to bring any art supplies, we recommend shipping heavy art materials to us in advance of your arrival. Please mention the recipient:

FIAP Jean Monnet

Destinataire: SERVICE FIAP CULTURES

30, rue Cabanis

75014 PARIS

France

## Art Supplies Stores in Paris:

### Sennelier

Just a 5-minute walk from the FIAP Centre, is a Montparnasse location of an iconic art supplies store, Sennelier. Founded in 1887 by the craftsman of color, Gustave Sennelier, who closely collaborated and provided art materials to his many renowned painters, such as Paul Cezanne, Pierre Bonnard, Vassily Kandinsky, Sonia Delaunay, Salvador Dalí, Pablo Picasso, Jean Cocteau and more recent to Hans Hartung, Olivier Debre, David Hockney.

Every day (except Sunday and Monday) from 10:30 am to 1:15 pm and from 2:00 pm to 6:30 pm

6 Rue Hallé, 75014 Paris

### Adam Montparnasse

Adam-Montparnasse was a flagship store for painters and sculptors in Paris, such as Braque, Dubuffet and Zao Wou-Ki. This is where in 1957 its owner Edouard Adam developed international Klein Blue pigment for Yves Klein and black for Pierre Soulage.

Monday – Saturday 9:30 am – 7 pm

Address: 11 Boulevard Edgar Quinet, 75014 Paris

**Charvin - Manufacture of Colors**, founded in 1830 in Côte d'Azur, known for developing colors for painters such as Cézanne, Bonnard, Ambrogiani who stayed and worked on the Coast.

Monday – Saturday 10:30 am - 1:00 pm and 2:00 pm - 7:00 pm; Sunday from 10:30 am – 6 pm

57 Quai des Grands Augustins, 75006 Paris

## **Marin**

Manufacturing of material for painters since 1947

Monday to Saturday, 9 am to 6 pm

70, avenue Gabriel Peri 94110 Arcueil

## **Le Géant des Beaux Arts**

The largest art materials and supplies store where you can order online and in stores.

15 Rue Vergniaud, 75013 Paris

## **Rougier & Plé**

Monday to Saturday, 10 am to 7 pm

157-159 rue Lecourbe, 75015 Paris

## **Equipment and printing**

FIAP Centre has HP LaserJet Pro P1606dn Printer and Scanner.

A special L'AiR Arts ID for the printer at the FIAP reception is: **40**

If you wish to use the FIAP printer to print artwork, please bring the appropriate paper. If an artist wishes to print on an ongoing basis, please bring paper and inks. These supplies may also be ordered for delivery to the centre.

For more professional printing, there are online photographic printers based in Paris, such as PICTO: <https://www.picto.fr/> or Negatif plus: <https://negatifplus.com/>

For a more bulk type of printing, there are <http://rapid-flyer.com>, <http://pixartprinting.com>, and others.

## CULTURE

### Les Catacombes

Six million bones, from different Parisian cemeteries, lie in the 1.7 km long labyrinth galleries. An unusual and fascinating visit!

Tuesday to Sunday from 10 am to 8:30 pm

*1 Avenue du Colonel Henri Rol-Tanguy-75014 Paris*

### L'entrepôt

Founded in 1975 by François Mitterrand, this former warehouse contains a cinema, a place for exhibition, cultural events and concerts, and also has a restaurant with a patio.

*7 Rue Francis de Pressensé-75014 Paris*

### Le Mandapa

An open stage dedicated to traditional and contemporary arts from around the world, the Mandapa offers music concerts, dance recitals, youth shows, but also a Winter Fairy tale, as well as individual and group dance classes.

*6 rue de Wurtz-75013 Paris*

### Cinéma Chaplin

Independent cinema which offers films and events.

*24 Place Denfert-Rochereau-75014 Paris*

### Le Fil Rouge

Small theatrical company "tireuse de liens," which presents shows and exhibitions. Theater classes for children and adults are also available.

*4 rue de Wurtz-75013 Paris*

### Théâtre 13

With no less than 360 performances a year - theater, dance, circus, there is something for everyone!

*103A Boulevard Auguste Blanqui-75013 Paris*

## La Cité Internationale

This is a place dedicated to the knowledge of heritage. Organized around a permanent exhibition space, it offers the public year-round events to discover the urban, architectural, landscape or artistic evolution of this site. Equipped with a documentary center, it promotes meetings and cultural exchange.

Open every day except Mondays, from 2 pm to 6 pm. Summer closed: from August 1st to 16th. Free

The park: An ecological park, with 40 houses from around the world built by great architects.

Accessible to public, every day, from 7 am to 10 pm.

Guided tours: Throughout the year, guided tours are available for groups, from Monday to Sunday, morning or afternoon and for individuals every Sunday at 2:30 pm. The reservation is mandatory for individuals.

Theatre: True to Parisian arts and culture, Théâtre de la Cité Internationale offers a bold and eclectic program (theater, dance, circus, puppetry, music, etc.) advocating diversity and openness to all artistic expressions and backgrounds.

*17 Boulevard Jourdan-75014 Paris*

## Musée d'Art et D'histoire de l'Hôpital Sainte-Anne

Discover Art Museum at the Saint-Anne Hospital, where you can see exhibitions of works by artists-patients and other contemporary artists.

Wednesday to Sunday from 2 pm to 7 pm, at exhibitions only. Free.

*1 Rue Cabanis, 75014 Paris*

## Le Musée de la Poste

Unusual museum about the history of the post office. It offers public a permanent collection, temporary exhibitions, activities, as well as has thematic a shop.

Monday to Friday, from 10 am to 6 pm

*34 Boulevard de Vaugirard, 75015 Paris*

## Les Grands Voisins

A real human laboratory, the association *Les Grands Voisins – The Great Neighbours* occupies former Saint-Vincent-de-Paul hospital. Managed collaboratively by three organizations, it offers market, campsite, meeting rooms, artist workshops, showroom,



restaurants, a bar, and a flea market. The place often organizes festivals, conferences, courses and much more!

*82, Avenue Denfert-Rochereau-75014 Paris*

### **L'Arbre à Lettres**

This small neighborhood bookstore offers a selection of novels and books of various genres.

*Monday to Saturday from 10 am to 7:30 pm and Sunday from 10 am to 1:30 pm*

*14 Rue Boulard, 75014 Paris*

### **Flea Market - Puces de Vanves**

This vast outdoor market offers a lively atmosphere of a flea market where you can find various objects of antiques.

*Every weekend of the year, from 7 am to 2 pm*

*14 Avenue Georges Lafenestre-75014 Paris*

## **WALKS**

### **Parc Montsouris**

Park Montsouris is one of the largest green spaces of Paris. Montsouris Park has a lake, beautiful sculpture monuments, remarkable trees, and is also a home to many bird species. From May to September, you can also enjoy free concerts at the park.

*2 Rue Gazan-75014 Paris*

### **Square Montsouris**

Street lined with Art Nouveau and Art Deco style houses built between the wars.

*Square Montsouris-75014 Paris*

### **Les jardins de l'hôpital Sainte-Anne**

These are the gardens of the Saint Anne Hospital, that was built in 1867 by Charles-Auguste Questel, according to Baron Haussmann's wishes. Located on a terrain full of quarries and catacombs, the different pavilions are connected to by a network of covered walkways with many green spaces and a botanical trail.

*1 rue Cabanis-75014 Paris*

### **Maison de Simone De Beauvoir**

Simone de Beauvoir (1908-1986), author, writer, philosopher, lived in this house from 1955 to 1986. (Please note, the building is a private property and can only be viewed from outside)

*11 bis Rue Victor-Schoelcher-75014 Paris*

### **Maison de Jean Moulin**

Jean Moulin lived in this house from April to June 1943 (1899-1943). He was a Chief of the Resistance, delegate General de Gaulle. (Please note, the building is a private property and can only be viewed from outside)

*12, rue Cassini-75014 Paris*

### **Street Art à la Butte-aux-Cailles**

Posters, collages, stencils and graffiti exist in harmony with the inhabitants of a neighborhood as an open-air museum: some street artists have even made one of their favorite places of expression. Artists: Jef Aérosol, Miss Tic, Jace, Seth, Urban Solid, K-Bal, etc

### **La petite Alsace (Little Alsace)**

Placed between two little pavilions, a large wooden gate opens onto a rectangular garden of 550 square meters lined with small pavilions in half-timbered Alsatian style bricks.

*10 rue Daviel-75013 Paris*

### **Le Cimetière Montparnasse**

Search for the artist burials of Chaim Soutine, Man Ray, Ossip Zadkine, Constantin Brâncuși, Brassai, and Tristan Tzara. There you can also find the tombs of Charles Baudelaire, Guy de Maupassant, Jean-Paul Sartre, Simone de Beauvoir.

Every day from 8 - 8:30 am or 9 am to 5:30 pm or 6 pm depending on the season.  
Free.

*3 boulevard Edgard Quinet - 75014 Paris*

## SPORTS

### **Piscine de la Butte aux Cailles**

One of the oldest pools in Paris! An outdoor pool open in the summer.

*5 place Paul Verlaine-75013 Paris*

### **Keep Cool Paris 14 Denfert Rochereau**

Gym with Cycling Studio, Elliptical Studio, Trek, Stretching, interactive classrooms and a cardio area. Special rates for FIAP guests!

Every day from 6 am to 11 pm

FIAP customer rates: inquire at the reception to obtain a promotional coupon.

*5-7 Rue Dareau, 75014 Paris*

## PHARMACIES

### **La Pharmacie Coty - Issoire**

Monday to Friday 8.30 am - 8.00 pm, Saturday 09.00 am - 7.00 pm

*15 Avenue René Coty, 75014 Paris*

### **Pharmacie de la Glacière**

Monday to Saturday 8.30 am - 8.00 pm

*104 Boulevard Auguste Blanqui, 75013 Paris*

### **Pharmacie Principale de la Porte d'Orléans**

24/7

*4 Place du 25 Août 1944, 75014 Paris*

## SHOPPING

### **Shopping Mall**

Italie 2 – Italie Deux ([www.italiedeux.com](http://www.italiedeux.com))

Everyday 10 am – 8 pm

30 Avenue d'Italie, 75013, Paris ( 20 min walk from FIAP, or two stops from Glacière station on line 6, exit Place d'Italie).

### Markets:

#### **Marché Alimentaire Auguste-Blanqui**

Tuesday, Friday and Sunday morning

*Boulevard Auguste Blanqui entre Rue Barrault et Place d'Italie-75013 Paris*

#### **Marché Alimentaire Mouton-Duvernet**

Tuesday and Friday morning

*Place Jacques Demy-75014 Paris*

#### **Marché Alimentaire Edgard-Quinet**

Wednesday and Saturday morning

*On the boulevard Edgar Quinet, between the rue du Départ and n ° 36, 75014 Paris*

#### **Marché spécialisé biologique Brancusi / organic market**

Saturday morning

*Place Constantin Brancusi-75014 Paris*

### Supermarkets:

#### **Franprix**

Monday to Saturday 8.00 am – 10:00 pm and Sunday 8.00 am - 1:00 pm

*45 rue Dareau, 75014 Paris*

#### **Franprix**

Monday to Saturday 7.30 am – 9:00 pm and Sunday 9.00 am -12.30 pm

*3 Villa de Lourcine, 75014 Paris*

#### **Epicerie de nuit**

Monday from 9 am to 1 pm and from Tuesday to Saturday from 9 am to 2 pm

*51 Boulevard Saint-Jacques, 75014 Paris*

### **Bakeries:**

#### **Les Berlingots d'hier**

Gluten-free bakery

Tuesday to Saturday from 7:15 am to 7:30 pm and Sunday from 7:30 am to 1:30 pm

*171 avenue du Maine-75014 Paris*

#### **Bonjour Bakery**

Artisan Bakery

Friday to Tuesday from 7 am to 8 pm

*16 Avenue René Coty, 75014 Paris*

#### **Laurent Duchêne Boulangerie**

Best Pastry Chef, Member of the Desserts Association, Laurent Duchêne offers bread and a wide range of pastries.

Monday to Saturday from 7.30 am to 8 pm

*2 Rue Wurtz-75013 Paris*

### **Speciality Stores:**

#### **Bière O grad**

Discover a wide selection of beers from all horizons. Have a beer at the bar next door

Monday to Thursday from 5 pm to 10 pm and Friday and Saturday from 2 pm to 10 pm

*18 Rue de la Butte aux Cailles-75013 Paris*

#### **La Boutique Gourmande**

Deli

Monday to Friday from 9:30 to 1:00 am and from 4:00 pm to 8:00 pm; Saturday from 9:00 am to 1:30 pm and 3:30 pm to 8:00 pm; Sunday from 09:30 am to 1:00 pm.

14 rue de l'Amiral Mouchez-75013 Paris

### **Boutique Valette Fois Gras**

A French classic: foie gras and other South-West culinary specialties.

Monday to Saturday: 9:30 am - 8:00 pm Sunday: 10:00 am - 1:30 pm

16, rue Daguerre - 75014 PARIS

### **Les abeilles**

This shop will make you discover honey in all its forms: liquid honey, therapeutic products, candles and confectionery.

Tuesday to Saturday, from 11 am to 7 pm

21 Rue de la Butte aux Cailles-75013 Paris

### **Au-delà des près**

Florist

Tuesday to Friday 11:00 am - 7:30 pm, Saturday from 11:00 am to 8:00 pm, Sunday from 11:00 am to 1:00 pm

144 Boulevard du Montparnasse, 75014 Paris

### **Tabac / Convenience Stores:**

#### **Tabac Blanqui**

Monday to Saturday 6.30 am - 8 pm

137 Boulevard Auguste Blanqui-75013 Paris

#### **Bastorous Raafat tabac**

Monday to Saturday from 7 am to 10 pm and Sunday from 11 am to 10 pm

110 Avenue Denfert Rochereau 75014 Paris

#### **Café Bar d'Orléans**

Monday to Sunday from 07 am to midnight

43 Avenue Générale Leclerc Leclerc 75014 Paris

## CAFÉS AND TEA SALONS

### Hexagone Café

This coffee shop with a minimalist look offers quality coffees and hot drinks with a grocery corner.

Espresso: (approx.) 2.50 € Cappuccino: 4 €, pastries and breakfast

Tuesday - Friday: 8.30am - 5.30pm and Saturday - Sunday: 10am - 6pm

121 Rue du Château, 75014 Paris

### Le THEAthétcha

The counter of the artisan of flavors – come to taste teas and pastries in a calm and friendly atmosphere.

Pastry: (approx.) 7€, coffee and tea: about 5€

Tuesday to Friday from 10 am to 7 pm, Saturday from 9:30 am to 7 pm (breakfast from 9:30 am to 12:30 pm)

110 rue de la glacière-75013 Paris

### Les Pipelettes

A deli with great selection of over 30 producers and artisans, a tea room, and a lunch restaurant around a fresh, creative and seasonal cuisine.

Brunch: (approx.) 24.50 €

Lunch: (approx.) 11.50 €

Tuesday to Saturday: 11 am – 7 pm; Brunch on Saturday (reservation recommended): services at 11:30 am and 1:30 pm - last brunches served at 3 pm.

31 Rue Brézin, 75014 Paris

## RESTAURANTS

### FIAP Restaurant:

Your accommodation comes with half-board meals at the FIAP Centre. This includes buffet breakfast and Lunch or Dinner. Additional meals options: Lunch at 15 € / Packed lunch at 13 €.

Breakfast buffet: 6:45 am – 8:45 am

Lunch: 11:45 am - 1:45 pm; or Dinner: 6:30 pm – 8:30 pm

Please note, packed lunches must be ordered at least 72 hours in advance.

### Historical Restaurants

Restaurants in Montparnasse known for its artistic gatherings during the “roaring” 1920s:

#### **La Coupole**

Everyday 8 am – midnight; Sunday and Monday until 11 pm

*102, boulevard de Montparnasse 75014 Paris*

#### **La Rotonde**

Everyday 7 am - 2 am

*105, Boulevard du Montparnasse, 75006 Paris*

#### **Le Dome – fish and seafood restaurant**

Everyday noon - 3 pm and from 7 pm - 11 pm

*108 Boulevard du Montparnasse 75014 Paris*

#### **Le Select**

Everyday 7 am - 2 am; Friday and Saturday 7 am - 3 am

*99 Boulevard du Montparnasse 75006 Paris*

#### **La Closerie des Lilas**

Restaurant: noon - 2.30 pm and 7.00 pm - 11.30 pm; Cocktail Bar 11 pm - 01:30 am

*171 Boulevard du Montparnasse 75006 Paris*

#### **Le Jockey**

Everyday 8 am – 2 am; Sunday 9 am – 11 pm

*232 Boulevard Raspail, 75014 Paris*

### For small budgets:

#### **Le Comptoir du Bo Bun**



Enjoy Vietnamese cuisine in a nice unusual setting.

About 12 €

Monday to Thursday from noon - 2:30 pm, 7:30 pm - 10:30 pm; Friday and Saturday from noon - 2:30 pm, 7:30 pm - 11:00 pm

22 rue Raymond Losserand-75014 Paris

### Délices du Pays

Small family deli shop. Portuguese culinary specialties, beers and wines, and grilled meats – great things to cook on the spot or take away.

Menu of the day: (approx.) 7.90 €

Tuesday to Saturday from 10h to 20h, Sunday from 9 am to 1 pm.

26 rue Edouard Jacques-75014 Paris

### Coriandre

Restaurant with Indian specialties with a menu for any diet (incl. vegetarian and vegan). Fresh dishes, a modern and cozy decor, affordable prices, and a brunch every Sunday.

Lunch formula "Lunch box": (approx.) 9.99 € with starter + main course or dish + lassi; Dinner: about 15 €; Brunch formula on the weekend: 23.50 €

Tuesday to Sunday 12 noon – 3 pm and 7 pm – 10 pm

104 Rue de l'Ouest, 75014 Paris

### Chez Mamane

This was a canteen of Coluche's, a French comedian who lived in the neighborhood. If you want to eat a couscous without breaking the bank, this is the place. It's also a great bar-cafe for a quick drink or a pre-dinner drink, happy hour guaranteed.

Couscous, (approx.) 12 €

Every day from 4 pm to 11:30 pm

27 Rue des cinq Diamants, 75013 Paris

### La belle Ronde

A little creperie in the area. Hidden in a charming little courtyard located off rue Daguerre, the terrace of this restaurant is exceptional.

Lunch menu: (approx.) 9.90 € À la carte evening: (approx.) 12-15 €.

Every day from noon to 11:30 pm.

*19 rue Daguerre, 75014 Paris*

### **La Crêperie de Josselin**

Located in the Breton district, it is the most famous creperie of Paris! Even the Bretons are asking for more! Gluten-free options available.

Galettes between 8 € and 12 €.

Open Wednesday to Sunday from 11 am to 11:30 pm.

*67 Rue du Montparnasse, 75014 Paris*

### **La tête dans les Olives**

Southern grocery, community table in the evening and Sunday at noon (reservations required)

Tuesday to Friday from 2 pm to 7 pm and Saturday from 10 am to 1 pm and 2 pm to 7 pm

*54 rue du Couédic-75014 Paris*

### **Le Pachanga**

Relaxed salsa atmosphere with a South American menu and cocktails served on communal tables. Salsa lessons from Tuesday to Saturday from 19:30!

Entry Sunday to Thursday: (approx.) 12 €. From Friday to Saturday: 14 €. Formula entry + dinner + club between 20 and 33 €. Tapas, salads and Latin American dishes

Classic cocktail: 8 €

Every day from 7 pm to 2 am, Saturday, Friday and holidays from 7 pm to 5 am

*8 Rue Vandamme, 75014 Paris*

### **Le Vaudésir**

The atmosphere of the old Parisian bistros!

Starters and desserts from € 3.00, dish of the day (approx.) € 8-10.

Monday: 07:30 am - 3:30 pm; Tuesday, Wednesday, Thursday, Friday: 7:30 am - 11:30 pm; Saturday: 5:00 pm - 11:30 pm

*41 Rue Dareau, 75014 Paris*

## **Raw Cakes**

Raw vegan restaurant and tea room, with 100% vegan and gluten free products.

Sunday 12:00 pm - 7:00 pm, Monday 10:00 am - 8:00 am, Tuesday – Thursday 11:00 am - 10:00 pm, Friday 10:00 am - 4:00 pm

83 rue Daguerre 75014 Paris

## For medium budgets

### **Restaurant île de la Réunion**

The “meeting island” guarantees exotic atmosphere and typical homemade dishes. Punch, shrimp fritters, curry, everything is excellent.

Menus and brunch: (approx.) 20 €

Monday to Sunday from noon to 2:30 pm and 7 pm to 11:30 pm

96 Rue Daguerre, 75014 Paris

### **Les Cop's et leurs Cuisines du Monde**

A small restaurant that makes you want to travel the world. The menu is renewed regularly and offers dishes of all origins made from fresh products

Dishes 10-20 €

Open Monday to Saturday from 7 pm to 1 am

148, rue du Château 75014

### **À Côté-Le Bar à Vins**

For a lunch or dinner, a drink in the early evening, from Tuesday to Saturday, Gilles Montet is happy to welcome you for good food, wine and also ... good times! Their wine bar offers traditional and gourmet dishes, made with fresh and seasonal products.

Gourmet plates: (approx.) 15 €, wine tasting (variable price)

Tuesday to Saturday: 11:30 am - 3:00 pm, 6:30 pm - 10:00 pm

14 Rue de l'Amiral Mouchez 75014 Paris

### **Le bouche à oreille**

An eclectic and original cuisine (burgers, boards, traditional dishes), good wine and cocktails served in a brewery with walls covered with vinyl.

Menu of the day between 11.50 and 15.50 €

Monday to Saturday, 12 noon – 3 pm and 6 pm -midnight

10 Place Paul Verlaine, 75013 Paris

### **Les Cailloux**

This bistro invites you to cross the border between France and Italy.

Lunch menu 15€ and 19€. Dishes between 15€ and 25€.

Monday to Thursday from noon to 2:30 pm and from 7 pm to 11 pm; Friday from noon to 2:30 pm and from 7 pm to 11:30 pm; Saturday and Sunday from 12:30 pm to 11:30 pm

58 rue des cinq diamants, 75013 Paris

### **Cantinella**

Great pizzeria for meeting friends. A warm atmosphere, with excellent value pizzas, lasagna, dishes and tiramisu for dessert.

Pizza between 10 € and 13.80 €. Dishes from 12 € to 17 €

Monday to Friday from 11:45 am - 2:30 pm, 7:00 pm - 10:30 pm, closed on weekends

30 Rue du Faubourg Saint-Jacques, 75014 Paris

### **Il était un square**

Want a good burger or a tartare? Here the buns are made by a baker, the meat comes from the traditional farms of Aveyron, the cheeses are refined, and the French fries and mayo are homemade!

Burgers: (approx.) 15 € to 16 €. Tartars: 15 € to 17 €

Monday to Saturday, noon to 3 pm and 7:30 pm to 10 pm

54 Rue Corvisart, 75013 Paris

### **Restaurant O Corcovado**

Rewarded by the Brazilian Ministry of Tourism and CEBRAIS (Centro Brasileiro de Integração Social), the restaurant has one of the best Brazilian menus in Paris, Caipirinha cocktail and a captivating music.

Dishes between 15 € and 30 €, cocktails 7 € to 9 €.

Tuesday to Sunday evening from 7:00 pm.

152 Rue du Château, 75014 Paris

### **Les Rouquins**

A quality tapas restaurant, where you can taste simple cuisine from carefully selected products and superb Languedoc wines.

Boards (approx.) 18-23 €, dishes 8-25 €

Tuesday to Sunday from noon to 2:30 pm (3 pm Sunday) and from 5 pm to 1 am.

146 Rue du Château, 75014 Paris

### **Restaurant Les Fondus de la Raclette Paris 14<sup>e</sup>**

Decorated in a typical chalet style, here you can try specialties of raclettes, fondues and pierrades.

Lunch (approx.) 14 € to 18 €. Specialties around 20 €

Every day from noon to 2 pm (every day) and from 6 pm to 10 pm

209, boulevard Raspail, 75014 Paris

### **La Mère Agitée**

From the pork cheek with the red cabbage to the chicken tajine with olives, classic recipes made on the spot with carefully selected local products.

Bonus: Gypsy jazz concert at 8:30 pm every first and last Tuesday of the month!

Menus (approx.) 21€ and 34€. Gourmet dishes: (approx.) 13 to 15€

Open for lunch and dinner from Tuesday to Saturday, Sunday and Monday; reservation for groups from 10 people

21, rue Campagne-Première-75014 Paris

### **Niébé**

A menu that mixes African, Creole and Brazilian cuisines in a classic or vegan versions in a real little family colorful townhouse. Atmosphere and quality guaranteed.

Vegan Menu: (approx.) 15-20€; Classic Menu: 18-22€; Average à la carte: 34 €

Tuesday to Saturday from noon to 3 pm and from 7:30 pm to midnight. Special buffet for Saturday lunch.

16 Rue de la Grande Chaumière, 75006 Paris

### **Chez Jean-Claude**

For all fans of Jean-Claude Vandamme, a tapas restaurant / bar.

Tapa boards for 2: (approx.) 10 €, for 4: 20 €. Dishes between 18 and 26 €

Lunch: from 12 am to 2 pm (Tuesday to Friday); Dinner: from 7pm to 11pm (Tuesday to Saturday)

*9 Rue Vandamme 75014 Paris France*

### **Café L'écir**

Local cuisine, a good wine list, creative cocktails and a lively atmosphere, close to FIAP!

Cocktail: (approx.) 8.50€; Lunch formula: 14.90€; Dishes: between 15€ and 25€; Brunch: 22 €

Every day from 11 am to midnight

*59 Boulevard Saint-Jacques, 75014 Paris*

### **L'ordonnance**

French restaurant serving traditional dishes in a cozy bistro décor.

Menu (approx.) 35 €

Monday to Saturday: noon – 2 pm and 8:00 pm - 10:30 pm

*51 Rue Hallé, 75014 Paris*

### **Café Oz**

Restaurant for lunch, light dinner, thematic brunch on Sunday. Café Oz is perfect in evenings: happy hour, theme parties, DJ mix and live shows... a real clubbing night!

Lunch: formula at (approx.) 16.50 €, 19 € or 26 €, brunch at 33 € on Sunday

Happy Hour every day from 4pm to 8pm

Club entrance: free from Sunday to Thursday, 15 € with drinks from 21h on Fridays and Saturdays

Sunday: 12 noon – 2 am Mon; Tues & Wed: 12 noon – 3 am; Thursday, Friday & Saturday: 12 noon – 5 am

*3 Place Denfert-Rochereau*

## **Vatruchka**

Welcoming atmosphere and authentic Franco-Russian cuisine allows you to alternate the flavors of two great countries with rich gastronomy.

Menu: 15 – 30 €

Monday to Saturday noon to 3 pm and from 7 pm to 11:30 pm

*145, boulevard Montparnasse 75006 Paris*

## For bigger budgets

### **Le Cabanon de l'écailler**

For the lovers of seafood to enjoy the various seafood dishes.

The seafood platter: 24€

Tuesday – Saturday, from noon to 2:30 pm and 7:00 pm to 10:30 pm

*14 Place Constantin Brancusi, 75014 Paris*

### **Les Fauves**

Recently opened, this neo-bistro offers a real revival in the south of Paris, offering a gourmet menu, original brunches and quality home-made cocktails. All in a place with creative decor.

Menu: from (approx.) 30€. Every Sunday and public holidays from noon to 4 pm  
brunch: 29 euros per person / 35 euros with a glass of organic Prosecco

Monday to Sunday from 7am to midnight

*33 rue Édouard Quinet, 75014 Paris*

### **Homard & Chips Paris**

French Fish & Chips. You can also enjoy a Lobster for lunch.

Between 14 € and 79 €

Tuesday 7:00 pm to 10:00 pm; Wednesday, Thursday noon to 2:30 pm / 7:00 pm to 10:00 pm; Friday noon to 2:30 pm / 7:00 pm to 11:00 pm; Saturday noon to 11:00pm, Sunday noon to 2:30 pm

*165 Boulevard du Montparnasse, 75006 Paris*

### **Chez Nathalie**

This small restaurant serves fine cuisine elegantly presented in a creative design.

Menu: from 30 €

Every day from noon to 2:30 pm and from 7 pm to 11 pm

45 Rue Vandrezanne, 75013 Paris

### **Septième Raffinement**

An ethical restaurant on rue Daguerre. The cuisine offered by the chef is refined, organic, adaptable to vegetarian, vegan and even kosher and halal diets. Please note, they do not serve wine à la carte, only organic fruit juice.

Menu: from (approx.) 30 € and Brunch 25 €

Lunch: from 11:30 am to 5 pm (except Friday and Monday); Dinner: from 6 pm to 11 pm (except Monday)

64 rue Daguerre-75014 Paris

### **Bistrot Russe Le Zakouski**

In the warm atmosphere of this old Russian bistro, find the famous borch, kotleti and goulash and let yourself be seduced by the traditional flavors of these renown dishes. Live music evenings are regularly organized on Wednesdays or Saturdays.

Russian bistro plate: 20-25 €. Dish of the day: 16.50 €; Evening menu with live music: 29.50 €.

from 8pm to 10.30pm (except Sunday)

127 Rue du Château, 75014 Paris

### **Cobéa**

Gourmet restaurant recommended by the Michelin Guide. Come taste the cuisine of Michelin-starred chef Philippe Bélissent.

Menus between 50 € and 120 €

Tuesday to Saturday 12:15 pm -1:30 pm, 7:15 pm - 9:30 pm

11, rue Raymond Losserand 75014 Paris



## BARS

### Le Merle Moqueur

The most popular and lively rum bar in the area

Ti Punch and Rum: (approx.) 5 €

Every day from 5 pm to 2 am

11 Rue de la Butte aux Cailles, 75013 Paris

### Le Sputnik

Beer and cocktail bar, with a wide selection. There is also a café and the Bièrograd shop next door. Great atmosphere.

Pint: (approx.) 6 to 7 €

Monday to Saturday 2 pm to 2 am, Sunday 4 pm to midnight; Happy Hour from 6pm to 8pm

16 Rue de la Butte aux Cailles, 75013 Paris

### Cubana Café

Bar, Restaurant and smoking room, the Cubana Café creates Havana atmosphere in the heart of Paris. Live salsa every Wednesday night.

Dishes and tapas between 5 € and 25 €; Cocktail at (approx.) 10 € and 1L cocktail at (approx.) 35 €

Every day from 10am to 4am

47, rue Vavin - 75006 – Paris

### Le Lock Groove

Vintage bar with a cozy atmosphere. You can taste beers and good burgers!

Burgers: (approx.) 15 €

Monday to Saturday from 5 pm to 2 am; Happy hour from 6pm to 9pm, 5 € a pint

15 Rue Roger, 75014 Paris

### Le Temps des Cerises

This brewery offers a quality traditional French cuisine in a working-class restaurant.

Lunch menus: (approx.) 13.50 €, the evening formula at 21 € and 25 €

Monday to Saturday: 11:45 am to 2:30 pm and 7:00 pm to 11:45 pm

*18-20 Rue de la Butte aux Cailles-75013 Paris*

### **La folie en tête**

The casual atmosphere, the cheap drinks, the world music, rock and pleasant jazz and the kindness of the waiters attract regulars of the area at any time!

Draft beers (approx.) 3.50 to 7.50 €

Monday to Saturday from 5 pm to 2 am; Happy hour from 5 pm to 8 pm

*33, rue de la Butte aux Cailles*